

#### Ale give kids a lift balanter kids a lift balanter

Boost Child & Youth Advocacy Centre (Boost CYAC) is committed to eliminating abuse and violence in the lives of children, youth, and their families. We believe that all children and youth have a right to grow up in a safe, healthy, and nurturing environment. We are dedicated to the prevention of child abuse and violence through education and awareness, and to collaborating with our community partners to provide services to children, youth, and their families.

## VALUES



#### COMMITMENT

We are passionate about our work and focused on the best interests of the children and youth whom we serve. We recognize the uniqueness of each child and strive to adapt our services to be responsive and flexible to each situation.



### COLLABORATION

We work closely with our community partners to develop, deliver, and coordinate services. We are dedicated to mutual sharing of expertise and knowledge with other agencies, professionals, and the broader community.



### LEADERSHIP

We are committed to continuous learning to ensure our knowledge and skill levels are second to none. We are up-to-date on the latest research and developments, related to the services we provide, so that we can develop and promote best practices.



#### **INTEGRITY**

By putting children's needs first, we work at building effective relationships with children, youth, and their families. By our words and actions, we demonstrate respect for the children, youth and families we serve.

## MESSAGE FROM THE CHAIR



Every child deserves to grow up in a safe and nurturing environment. As advocates for the rights and wellbeing of our children, Boost Child & Youth Advocacy Centre (Boost CYAC) intervenes to prevent abuse and support and protect children and youth on a daily basis.

While the core of our efforts

are in Toronto, our work spans Ontario, Canada and abroad. We are recognized as a world leader in the areas of child abuse prevention and public education and we receive calls and speaking invitations from around the world. This achievement is a reflection of our world-class team and must be celebrated. The message of hope and success must be tempered by the reality of the work that we do. Boost CYAC sees some of the most horrific crimes imaginable, involving a most vulnerable population – our children.

This year, the Board of Directors took the ambitious step of resolving to expand the CYAC model across the entire City of Toronto. With the support of our partner agencies, Boost CYAC is committed to extend our integrative services to families in Scarborough, Etobicoke and parts of North York that we do not currently serve. We

are delighted by the support that this expansion initiative has received from the City of Toronto's Community and Recreation Development Committee (CDRC). The CDRC recently committed to helping Boost CYAC find a larger facility for its city-wide model. We will now turn our sights to provincial and federal funding agencies and to our donors to make this dream a reality.

We have a truly incredible team, led by Karyn Kennedy and a tireless senior leadership group. Without them, we could not have made such progress over the past 35 years. It is impossible to convey the breadth of service and support that Boost CYAC offers and the positive impact that we have of the thousands of children that have come to our centre.

Sincerely,

Tiel

Trent Mell Chairman

## We give kids a lift WHEN THEY NEED IT the most APPH 2016

## MESSABE FROM THE PRESIDENT & CEO



Boost Child & Youth Advocacy Centre staff and directors stand in awe of the children, youth and families we serve. The strength and resiliency they demonstrate each and every day is inspiring. Children and youth at our centre have endured things that most of us cannot imagine, yet they find it within themselves to not only survive but to thrive. At Boost

CYAC, we are honoured to work with these children and their families to provide support from the moment they walk in the door until they no longer need our help.

As a leader in our field we are committed to providing the very best, evidence-based programs and services for our community's most vulnerable members. We plan to expand our centre over the next few years and to develop and deliver new and innovative

> services to better meet the needs of children and families across Toronto. As always, we thank the families for the trust they put in us and for guiding us in our continued journey to continuously improve our response.

Over the past year, we have been fortunate to collaborate with a number of groups and

organizations in our own community and beyond. Through these partnerships, we are exploring ground-breaking ways to not only extend the reach of our existing services but to respond effectively to gaps in service, such as developing programs for victims of complex trauma and sex trafficking.

Our work and the success that comes from it would not be possible without the support of our donors and funders. The generosity of many public and private groups and individuals over the past year has allowed us to support the many children and families that desperately need our help. This support is essential and very much appreciated as it allows us to continue to respond to the most vulnerable children and youth in our city and elsewhere.

Boost CYAC is fierce in its desire to protect children and committed to providing the essential support each child deserves so that they may recover from the trauma of abuse and lead a happy, healthy life.

With gratitude,

Kap Kennel

Karyn Kennedy President & CEO

## ASSESSMENT DIRECTED THERAPY PROBRAM

The Assessment Directed Therapy Program (ADT) believes that with support, children, youth and their families can build on strengths to recover from traumatic events. No two children are alike; that is why a comprehensive assessment can provide insight into how a child has been impacted, as well as the type of help that will be most beneficial.

### A PERSONALIBED APPROACH

Nothing better illustrates the need for a personalized, client centred approach to clinical services more than referrals involving multiple siblings. Josie (age 12), and her brothers Justin (age 14) and Lee (age 17) all experienced physical abuse by their father and witnessed the physical abuse of their mother. However, research and clinical experience has taught us that no two siblings are alike and each will react in their own way, despite having a shared experience of a traumatic event. Not surprisingly, Josie, Justin and Lee's assessment results demonstrated that all three siblings had been and continued to be impacted differently by the abuse they experienced and witnessed.

Josie was having frequent nightmares about the abuse, which was leaving her exhausted throughout the day and impacting her ability to concentrate at school. Justin was withdrawing from family and friends and was struggling to cope with intense feelings of anger. Lee was dealing with chronic back pain and feelings of guilt for not being able to physically protect his mother and siblings from their father. Based on these findings, Boost CYAC Child and Family Therapists worked collaboratively with each sibling to create an individualized treatment plan based on their needs, strengths and interests.

Six months into therapy, Josie reported that her Sleep Hygiene Plan helped her to approach bedtime with less anxiety and she was using the strategies she was learning in therapy to help her to cope when she had a nightmare. Josie also gave permission for her therapist to meet with her teacher to help her to better understand her behaviours at school and to provide her with supportive strategies in the classroom.

Justin stated that he benefitted from learning about healthy relationships and was using this information to identify people in his life that he could trust and turn to for support. Through discussions with his therapist about his feelings of anger, Justin was able to voice his concerns that he would grow up to be abusive like his dad. They jointly agreed to amend the treatment plan to focus on this worry and to assist Justin to learn nonaggressive strategies to resolve conflicts and problems.



Lee agreed to a medical examination through the SCAN Program at the Hospital for Sick Children to determine if there was a physical cause for his back pain. The results were negative and the therapist helped Lee understand how repetitive stress and trauma can impact our bodies. Through yoga and mindfulness techniques, Lee began to notice a reduction in his anxiety and pain. He reported that he continued to struggle with his feelings of guilt and indicated that he was ready to discuss these feelings in the next phase of therapy.





INDIVIDUAL TRAUMA ASSESSMENTS CONDUCTED CLIENTS WHO RECEIVED INDIVIDUAL THERAPY YOUTH WHO ATTENDED THE Yoga & Mindfulness Group YOUTH WHO ATTENDED THE

I LOVE MY SELFIE GROUP

6

YOUTH WHO ATTENDED THE EXPRESSIVE ARTS THERAPY GROUP

"Excellent service! We are most grateful to be part of Boost. Jonly wish more children and young people had access to these critical services. Thank you to Boost!" CAREGIVER

## INTERNET CHILD EXPLOITATION PROSRAM

The Internet Child Exploitation (ICE) Program provides short-term counselling referrals for child and youth victims of online exploitation, and their impacted family members across Ontario. Following a referral to the program, families are matched with licensed and accredited trauma informed therapists in their community.

### FAMILY CENTRED RESPONSE

The ICE Program was contacted by police to advise that a recent exploitation investigation had resulted in the arrest of an adult male, whose wife ran a daycare out of their home. Police found sexual abuse images on his computer, which had originally been taken on his cell phone, and were of the three young children who attended the daycare. These images were subsequently distributed online by the accused.

Police made referrals for the three children identified in the images, and their family members. The ICE Intake worker immediately connected with the children's caregivers who were struggling with intense feelings of anger, fear, confusion,

guilt and betrayal. The children, who were all between 2 and 4 years of age, were unaware of the investigation; however, were upset that they were no longer attending the daycare and missed the accused's wife. The caregiver's all expressed that they were struggling to respond to their children's questions, were uncertain if or when they should tell their children about the images that had been taken of them, and wondered about the impact this may have on them. One of the caregivers stated that she was now terrified to leave her child with anyone and was currently on leave from work because she could not place her into another daycare setting.

The ICE intake worker was able to relay the unique concerns of these caregivers to their separate registered ICE therapists. All of the caregivers preferred to initiate therapy sessions for themselves first to give them the space to process their feelings about their children's exploitation, to learn how to respond to their children's reactions and to plan how and when they would share information about the images with their children. In all three cases, the parents declined counselling services for their children at the time; however, were greatly reassured that the funding could be accessed in the future, particularly when their children became aware of what had happened to them.

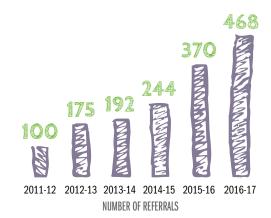
ICE STATISTICS

CHILDREN AND YOUTH WHO WERE REFERRED TO THE PROGRAM



IMPACTED FAMILY MEMBERS WHO WERE REFERRED TO THE PROGRAM







"The program and support staff and therapist were absolutely integral to my daughter's and family's healing and well being. Very purposeful, organized and caring. The most valuable asset during a horrible period. Thank you." CAREGIVER

## PREVENTION & PUBLIC EDUCATION PROSPAM

The Prevention & Public Education Program (PEP) offers innovative and evidenced-based programming for children and youth aged 4-13 years. PEP Programs introduce six basic concepts: self-esteem; communication; making good choices; friendship; touch; and how and where to get help. This information assists children to develop and strengthen healthy relationships; and acquire skills that lessen their vulnerability to abuse and bullying.

### RESPONDING TO THE COMMUNITY

When an elementary school teacher was charged with sexual offences against children, the school he was working at contacted Boost CYAC for help. The Prevention Program provided support on many levels for the staff, students and parent community.

As is common in these types of cases, there was a range of emotional reactions to the charges. Sexual abuse in a community setting can affect staff, students, parents and the wider community. It can also contribute to victim-blaming or vilification of the accused and their family. In this case, school staff members were split in their opinions and the divide was affecting their ability to work together. PEP was able to provide immediate crisis support around normalizing the emotional range that groups can experience and helping to re-focus their efforts on the student's sense of safety and stability in the school. Making A Difference training was provided for staff, as well as workshops on trauma and children's sexual

behaviour. In addition, training on Boost CYAC's primary prevention programming was provided for teachers in grades one to six to assist them with independent implementation of the I'm A Great Kid! and I'm A Great Little Kid! programs in their classrooms.

A workshop was provided to help parents and caregivers understand the nature of sexual offending, grooming and the impact on children, as well as helpful messages for children around personal safety. After this general workshop, the parent community requested additional, in-depth sessions, specific to each developmental age group. In response to this request, three workshops were customized for parents of pre-school children, school age students and adolescents. Referrals to community agencies were also made for specific families and children who were impacted by the charges and by the subsequent response within the larger community.

As part of our response to this school, a Boost CYAC Prevention Educator delivered the Healthy Relationships Program to all students in grade six, seven and eight. Teachers observed the program being implemented and were able to continue to use the materials and resources with future classes. Students learned about both healthy and unhealthy relationships, practiced responding safely in different interpersonal situations and discussed many ways to access help.

The school also requested assistance in reviewing how they responded to staff, students and parents following the disclosure of abuse. PEP provided guidance in the development of an internal response plan that included best practices and placed children's safety first by reinforcing the legal duty to report and addressing the student's sense of security and privacy.

It is partnerships like this one that can alleviate some of the stress and anxiety for professionals, parents and children in a community that is exposed to abuse or violence.

PEP STATISTICS

I'M A GREAT KID! / I'M A GREAT LITTLE KID! GRADE 7/8 STUDENTS THAT RECEIVED HEALTHY

**RELATIONSHIPS PROGRAM** 

STUDENTS WHO BENEFITTED FROM CUSTOMIZED CLASSROOM INTERVENTIONS PROFESSIONAL AND PARA-PROFESSIONALS WHO RECEIVED TRAINING



"The services were so healing and beautifully presented to make parents feel inspired, informed and calm. Parents are coming up to me to say how great it was" school administrator Feedback on Pep

## CHILD VICTIM WITNESS SUPPORT PROSRAM

The Child Victim Witness Support Program (CVWSP) believes that every child or youth has the right to be thoroughly prepared for his/her role as a witness in court. By teaching children and youth their job as witnesses and educating them about the criminal justice system, we can lessen their anxiety about attending court. Services are offered in Toronto and across the Central Region of Ontario, including Barrie, Peterborough, Midland, Orillia, Bradford, Collingwood, Lindsay, and Cobourg.

### CONTINUAL ADAPTATION

The issue of human trafficking has begun to receive more and more attention in recent years. Laws specifically designed to prevent it from occurring, protect and support its victims, and hold perpetrators accountable have been enacted. CVWSP has seen a significant increase in human trafficking related arrests and subsequent referrals for court preparation for youth victims.

There are many unique challenges to working with victims of human trafficking, including significant safety concerns, drug addiction, health problems, severe trauma, isolation, poverty, lack of identification and emotional dependency on their trafficker. The latter contributes to the often cyclical nature of human trafficking, with many young women returning to their trafficker numerous times before they are psychological ready to leave permanently.

To respond to these needs, CVWSP designated a Child Witness Advocate to work primarily with these particularly vulnerable youth. The Child Witness Advocate received specialized community based training on the challenges inherent in providing services to these client and how to adjust our court support services to meet their needs.

This Child Witness Advocate understands the need to reach out to these youth as soon as possible in order to build rapport and trust. Providing information about the court process and their role as a witness is slowly and systematically shared with the youth through multiple meetings to ensure that they are not overwhelmed. A successful response to human trafficking also requires multi-disciplinary collaboration and the Child Witness Advocate routinely communicates with human trafficking police officers, medical and mental health providers, the crown attorney and local community agencies to advocate on behalf of clients.

Fears of testifying against their trafficker(s) and the possibility of retaliation often intensify as court dates approach and these youth often need a strong team of professionals with them



at court. The Child Witness Advocate is an important part of this team and attends court proceedings typically over the course of several days to support the youth as they provide their testimony.

Helping these vulnerable clients with court is now a critical responsibility of the CVWSP.

### **CVWSP STATISTICS**

3 O I NEW CHILD/YOUTH REFERRALS

CHILDREN/YOUTH AND FAMILIES WHO RECEIVED SUPPORTIVE SERVICES CHILDREN/YOUTH WHO WERE PREPARED FOR COURT

TIMES CVWSP STAFF WERE DESIGNATED SUPPORT PERSONS



TIMES CVWSP STAFF ASSISTED CLIENTS TO COMPLETE VICTIM IMPACT STATEMENTS TIMES CVWSP STAFF ASSISTED CLIENTS WITH CRIMINAL INJURIES COMPENSATION BOARD APPLICATIONS AND HEARINGS

## CHILD & YOUTH ADVOCACY PROSRAM

The Child & Youth Advocacy Program (CYAP) is a voluntary service offered to all families involved with Boost CYAC for a child abuse or trafficking investigation. Child and Youth Advocates provide immediate and ongoing support, advocacy and referral services to children, youth and their families.

### A COLLECTIVE APPROACH

Alisha was 15 years old when she disclosed to her school social worker that her adult male piano teacher was sexually abusing her. The social worker contacted the police and Alisha and her mother attended Boost CYAC for an investigation.

At Boost CYAC. Alisha's team was formed. The Child & Youth Advocate met with Alisha and her mother and provided a tour of the investigation space. The Advocate explained her role and introduced the family to the police officer and the Children's Aid Society worker who would be interviewing her. Following her interview, Alisha met with the nurse practitioner from SCAN after expressing concerns about her physical health. The nurse also connected Alisha to a nurse practitioner closer to home that she could continue to reach out to for help.

As a result of her disclosure and the accused's arrest, a media release was issued to alert any other young people that had been abused by this teacher. This was very hard for Alisha, as she was worried that the media release would identify her, as many of her friends attended the same music class. The Advocate supported Alisha and her mother through this process and provided information on how and when the media release would be issued and reassured her that she would not be identified.



Alisha's ongoing anxiety and intrusive memories were clearly impacting her at home and at school, and with Alisha and her mother's permission, the Advocate was able to arrange for CYAC counsellor's to meet with each of them to offer immediate supportive counselling services. In addition, the Advocate made a referral to Boost CYAC's Assessment Directed Therapy Program for a trauma assessment and longer term therapeutic services.

Alisha and her mother also consented to referrals for court preparation services

to the Child Victim Witness Support Program (CVWSP) at Boost CYAC and the Victim Witness Support Program at the court house. However, given Alisha's intense fears of attending court and seeing the accused, the Advocate arranged for a Child Witness Advocate to meet with Alisha immediately to provide her with an overview of the court process and her role. Alisha was told that this same worker would contact her closer to the upcoming trial date to provide a more comprehensive court preparation.

Alisha's Child & Youth Advocate made it possible for Alisha to access all of the supports she needed immediately and with ease. The Advocate was able to communicate with all of the services and help Alisha and her mother to navigate the mental health and criminal justice system, providing support along the way.

#### **CYAP STATISTICS**





ADVOCACY SERVICES PROVIDED TO CHILDREN/ YOUTH AND CAREGIVERS CYAC COUNSELLING SERVICES PROVIDED TO CLIENTS



## CO-ORDINATION & COMMUNITY PARTNERSHIP

The CYAC model is based on partnership, collaboration and a unified approach to supporting children, youth, and their families. With this in mind, several Boost CYAC staff participate on various committees and working groups, locally, provincially and nationally. Our numerous partnerships with community organizations, school boards and law enforcement services is demonstrated in the following groups, on which Boost CYAC is represented:

- 24/7 Response to Victims of Sex Trafficking Committee
- CYAC Community Advisory
  Partnership Committee
- CYAC Mental Health Committee
- CYAC Joint Management Team
- CYAC Research Committee
- Children's Services of Northumberland
- Community Safety Committee Toronto Police Service
- CYSIS Database Advisory Committee (Mothercraft)
- Domestic Assault Review Team (Barrie, Midland & Orillia)
- Human Trafficking Intervention, Prevention and Strategies Collaboration Committee
- ICE Conference Organizing Committee
- International Victim Support Strategy Working Group
- Lead Agency, Core Services Agencies and Working Groups
- Lead Agency, Student Focused Worker Priority Access Working Group
- Ontario Justice Education Network
  Toronto Committee
- Ontario Safety School Education Officers Community Committee (OEESOC)
- Protocol Advisory Committee
- Protocol Chairpersons & Training Committee

- Sex Trafficking Advisory Committee
- Sex Trafficking Service Resolution Table
- Sexual Health Network of Ontario
- Sister2Sister Toronto District School Board
- Toronto City Wide Intake Workers
  Committee
- Toronto Human Trafficking 24/7 Crisis Response Model
- Toronto Police Service Domestic Violence Advisory Committee
- Trauma Services Network
- Trauma Services Peer Support Network Committee
- Youth Justice Advisory Panel



## LEADERSHIP AND COLLABORATION

Boost CYAC is a leader in the development of Child & Youth Advocacy Centres across Canada. We have developed and delivered training over the past year on specific components of creating an effective CYAC, as well as taken a lead role in drafting best practice guidelines for Canadian centres.



In August of 2016 at an international conference in Calgary, Boost CYAC organized and hosted a meeting of CYAC representatives that were attending the conference to share information about best practices in Canada. In Ontario, Boost CYAC has been actively involved in the Child & Youth Advocacy Centres of Ontario Network and has provided consultation and support to developing centres in the province. Boost CYAC is the first centre in Ontario to conduct evaluation and is now extending this to include a number of other Ontario CYACs.

Boost CYAC has also played a lead role in the development of best practice guidelines for assessment & treatment of trauma for Toronto. Boost CYAC staff have provided training for a range of professionals on working with children and youth that have experienced trauma and are working to develop a specialized assessment and treatment model for complex trauma. One example of Boost CYAC's leadership and innovation is Sole Expression: a Trauma-informed Dance Intervention, funded for 5 years by the Public Health Agency of Canada. Together with UNITY and Ryerson University, we have designed and are delivering and evaluation a hip hop based group program for youth that have experienced trauma. The results of this project will be widely disseminated across Canada.

There are many other examples of Boost CYAC's leadership as demonstrated through: the revision of a new child abuse investigative protocol for Toronto; and a program to support victims of sex trafficking.

## SPECIAL PROJECTS

### NATIONAL CAC/CYAC TRAINING PROSRAM

Funded by the Justice Department of Canada, Boost CYAC has developed a training program aimed at building capacity within Child Advocacy Centres/Child & Youth Advocacy Centres (CACs/CYACs) across Canada. The goal of the webinar series is to provide organizations and service providers with information, resources and lessons learned on different aspects of developing and leading an effective CAC/CYAC.



#### To date, webinar topics have included:

- Developing an Effective CYAC/CAC
- The Role of the Advocate
- Developing National CYAC Guidelines
- Principals of Trauma-Informed Practices
- Forensic Interviewing (Basic Principles)
- Conducting Developmentally Sensitive
  Forensic Interviews
- Medical examinations and Evidence (physical and sexual abuse)
- Developing a Peer Review Process for Forensic Interviewers

- Understanding Trauma from a
  Developmental Perspective
- Conducting Forensic Interviews for Children with Special Needs
- Stabilization: The First Phase of Treatment
- Understanding Sexual Offending through Technology
- Children & Youth with Sexualized Behaviour

- Keeping Kids Safe from Harm in the Real & Virtual Worlds – A Developmental Perspective
- Compassion Fatigue & Vicarious Trauma

The response to the webinar series has been overwhelmingly positive and farreaching both provincially and nationally, and as far afield as England and Australia.



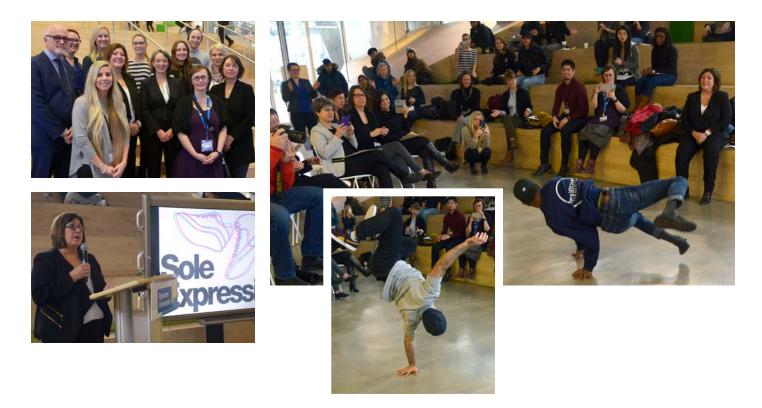
Department of Justice Canada Ministère de la Justice Canada

### SOLE EXPRESSION - TRAUMA INFORMED DANCE INTERVENTION

Funded by the Public Health Agency of Canada, Sole Expression is traumainformed hip-hop dance intervention, that aims to reduce trauma symptoms by helping participants to become more engaged with their bodies, learn effective coping strategies, as well as enable them to express themselves without needing to use words, help ground and experience effective selfregulation, and empower youth to contribute to the design of their own healing process. Over the five-year term of this project, Boost CYAC, Ryerson University's Daphne Cockwell School of Nursing and School of Child and Youth Care, UNITY Charity and the Child Advocacy Centre Simcoe/ Muskoka will collaboratively develop, implement and evaluate a traumainformed dance intervention that is innovative and creative. This program will promote healing and well-being for youth (ages 12–17 years) who have experienced child abuse and/or domestic violence and are on a waitlist for service. Through



this project, male and female youth will participate in dance programs that utilize hip-hop dance as a vehicle to reduce trauma symptoms.



"Sole Expression is an innovative way to promote healing and well-being for youth who have experienced child abuse and/or domestic violence. We know that individuals react differently to traumatic events and that traditional therapy methods are not always effective for all youth. We are very excited to launch this program and offer a creative approach to reducing trauma symptoms for young people." KARYN KENNEDY, PRESIDENT & CEO, BOOST CYAC

## SPECIAL EVENTS

### 4<sup>™</sup> ANNUAL BOOST SPOOKTACULAR™



October 23<sup>rd</sup> marked the date for our 4<sup>th</sup> Annual Boost Spooktacular<sup>™</sup>! A fun family event, children and adults alike enjoyed a haunted house, entertainment, food, games, crafts, costume prizes, a special appearance by super heroes and silent auction.















# SULT IN TRACK IN THE

#### TO SHUT THE MOUTHS OF LIONS

On October 6<sup>th</sup> and following its spring 2016 premiere at The Firehall Theatre in Cobourg, Ontario, *To Shut The Mouths of Lions* came to Harbourfront Centre for a special, one-night performance, in support of Boost CYAC. *To Shut the Mouths of Lions* is an original play written and directed by long-time Northumberland Players member, Dave Clark.



### I LOVE MY SELFIE

In the spring, Boost CYAC offered an expressive arts group to youth 14 to 18 years of age. Funded by *Dare to Dream*, the focus of the group was to explore and express the pressures and powerful impact of cyberbullying on self-esteem, and the negative experiences youth face on social media. On the evening of June 8<sup>th</sup> and with support from, The Power Plant Contemporary Art Gallery, The Sheldon Inwentash & Lynn Factor Charitable Foundation and the Ontario Centre of Excellence for Child & Youth Mental Health, the group presented the *I Love My Selfie* Youth-Led Art Show at the Harbourfront Centre. A wonderful experience for the young

people involved, the exhibit also garnered attention from CBC Radio One, CBC News, The Toronto Star, and Snap'd Queen/ Waterfront. (Photos: snapd St. Lawrence /Distillery)







### 19<sup>™</sup> ANNUAL BUTTERfL¥ BALL®

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19TH ANNUAL

On May 26, 2016, Boost CYAC hosted the 19th Annual Butterfly Ball®, the agency's largest fundraiser. Entertainment Tonight Canada's Cheryl Hickey hosted the event which was held at the luxurious Four Seasons Hotel. Over 400 guests enjoyed a cocktail reception, exquisite dining, superb entertainment and a rousing live auction. Master auctioneer, Brett Sherlock, of Christie's Canada kept things orderly during the enthusiastic bidding on items such as a trip to London Fashion Week and a day-long experience with Toronto's Emergency Task Force. Thanks to our dedicated Chair, Daniela De Gasperis and her amazing committee, the event raised over \$500,000.













## AWARDS

### CHAMPION FOR CHILDREN AWARD



#### Sheldon Kennedy,

Sheldon Kennedy Child Advocacy Centre Through the Champion for Children Award, Boost CYAC honours a group or individual who has displayed an exemplary commitment to creating pathways to better service for children, youth and families. Through partnerships with community stakeholders, new initiatives and outstanding leadership, the recipient of this award leads the way in creating more seamless, accessible service to our most vulnerable population – our children.

#### MAKINS A DIFFERENCE AWARD



#### Superintendent Elizabeth Byrnes

Through the *Making a Difference* Award, Boost CYAC honours a person who is committed to the well-being of children and families and who demonstrates on a daily basis, his or her commitment to children and youth.

#### OUTSTANDING ACHIEVEMENT IN COMMUNITY PARTNERSHIP AWARD



#### Method Law | Andrea Long & Michelle Wassenarr

With this award, Boost CYAC honours a group or individual who has displayed an exemplary commitment to creating and fostering partnerships within our community. These partnerships help to further Boost CYAC's reach in promoting our message that every child deserves to grow up violence-free.



Intellectual Property Lawyers, Patent & Trade-mark Agents

### STAFF OUTSTANDING ACHIEVEMENT AWARD



Linda Arwich, Manager of Intake and the Internet Child Exploitation (ICE) Program

#### Julie Moore, Child & Youth Advocate

Staff at Boost CYAC work tirelessly in their efforts to support children, youth and families who have experienced abuse and violence and to provide children and youth with information to empower them and make them less vulnerable to abuse and violence. Each year, with the endorsement of the Board of Directors, Boost CYAC recognizes the efforts of outstanding staff members that have gone above and beyond in their efforts to support children.

## OUR PEOPLE

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**Lorraine Rotz** Finance

**Kave Torrie Child Witness Advocate** 

**Helen Vozinidis Child & Family Therapist** 

**Signy White Research & Training** Assistant

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**Jenny Yuzon Child Witness Advocate** 

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Ariel Littlejohn **Psychometrist** 

Valerie Leece Trainer

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**Lorraine Rotz** Finance

**Beth Weingarden Child Witness Advocate** 

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Madeline Lusk

**University of Toronto** 

**Master of Social Work** 

#### STUDENTS

Corrina Rock Ryerson University Bachelor of Social Work

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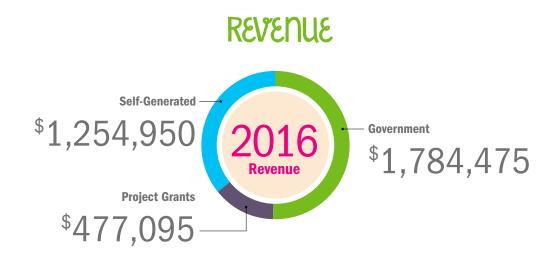
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Every effort has been made to ensure the accuracy of this list. If an error has been made please accept our sincerest apologies. If you would like more information about our donor listings, about how to make a gift to Boost CYAC or would like to update your name for the purpose of recognition, please contact Nancy Cottenden, Director of Development & Marketing at cottenden@ boostforkids.org or 416-515-1100



## FINANCES

	001/		0015
REVENUE	2016		2015
Core government funding	\$ 1,784,475	5\$	1,639,967
Fundraising and other	1,254,950	)	1,495,531
Project grants	477,095	i	266,502
Total revenue	3,516,520	)	3,402,000
EXPENSES			
Program Expenses			
Assessment-Directed Therapy Program	796,934	ŀ	837,102
Central Child Victim-Witness Support Program	214,363	;	221,564
Toronto Child Victim-Witness Support Program	362,360	)	293,548
Prevention and Public Education Program	410,787	,	466,483
Coordination and protocol	91,882	2	142,446
Responding to Children at Risk Program	918,538	3	968,113
Internet Child Exploitation Counselling Referral Program	299,781	_	238,992
	3,094,645	;	3,168,248
Administration and program development	364,140	)	295,521
Total Expenses	3,458,785	;	3,463,769
Excess (Definciency) of Revenue Over Expenses for the Year	\$ 57,735	<b>;</b> \$	(61,769)





# We give kids a lift WHEN THEY NEED IT the most APPLANE 2016



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